

# Taliesin Education – T Plus Centres

## Long Term Planning Grid – Key Stage Three

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>7</b>	<p><b>HEALTH/WELLBEING</b></p> <p>Transition to secondary school</p> <p>Diet , exercise and how to make healthy choices</p>	<p><b>RELATIONSHIPS</b></p> <p>Enterprise skills and introduction to careers</p> <p>Challenging career stereotypes and raising aspirations.</p>	<p><b>WIDER WORLD</b></p> <p>Diversity, prejudice and bullying including cyberbullying</p> <p>Managing on and off-line friendships</p>	<p><b>HEALTH/WELLBEING</b></p> <p>The risks of alcohol, tobacco and other substances</p> <p>Managing puberty and the issues of unwanted contact and FGM</p>	<p><b>RELATIONSHIPS</b></p> <p>Self-Esteem, romance &amp; friendships</p> <p>Explore family life</p>	<p><b>WIDER WORLD</b></p> <p>Making ethical financial decisions</p> <p>Saving, spending and budgeting our money</p>
<b>8</b>	<p><b>HEALTH/WELLBEING</b></p> <p>First aid and personal safety, focusing on road safety</p> <p>Alcohol and drug misuse and managing peer influence</p>	<p><b>RELATIONSHIPS</b></p> <p>Rights and responsibilities in the community</p> <p>Tackling age and discrimination</p>	<p><b>WIDER WORLD</b></p> <p>Tackling racism and religious discrimination, promoting human rights</p> <p>Online Safety and digital literacy</p>	<p><b>HEALTH/WELLBEING</b></p> <p>Mental Health and emotional wellbeing including body image</p> <p>Managing change and loss</p>	<p><b>RELATIONSHIPS</b></p> <p>Introduction to sexuality and consent</p> <p>Introduction to contraception including the condom and the pill.</p>	<p><b>WIDER WORLD</b></p> <p>Evaluating value for money in services</p> <p>Risks and consequences making financial decisions</p>

<p><b>9</b></p>	<p><b>HEALTH/WELLBEING</b></p> <p>Assertiveness and risk gang crime</p> <p>Dieting, lifestyle balance and unhealthy coping strategies</p>	<p><b>RELATIONSHIPS</b></p> <p>Understanding careers and future aspirations</p> <p>Identifying learning strengths and setting goals as part of the GCSE options process</p>	<p><b>WIDER WORLD</b></p> <p>Managing conflict at home and the dangers of running away from home</p> <p>Tackling homophobia, transphobia and sexism</p>	<p><b>HEALTH/WELLBEING</b></p> <p>Managing peer pressure in relation to illicit substances</p> <p>Assessing the risks of drug and alcohol abuse and addiction.</p>	<p><b>RELATIONSHIPS</b></p> <p>Relationships and sex education including healthy relationships and consent</p> <p>The risk of STIs, sexting and pornography</p>	<p><b>WIDER WORLD</b></p> <p>Planning and carrying out an enterprise project</p> <p>Reflecting on learning skills development in key stage 3</p>
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